



## Researched Outcomes:

- Music therapists have noted since the beginning of research with this population in the 1950s that music elicited emotional responses and improved memory, communication and social and motor skills, in individuals with intellectual disabilities (Davis, Gfeller, & Thaut, 2008).
- When musical and social antecedents were presented to a group of five children with developmental disabilities with the goal of communication responsiveness, the musical condition led to increased appropriate responses over the social condition (Braithwaite & Sigafos, 1998).
- The children involved in music therapy sessions learned to engage and share musical activities with their mothers promoting more responsive parent-child interactions (O'Donoghue, 2017).
- Adults and children with intellectual disabilities often respond more positive to music than to other educational and therapeutic strategies (Davis, Feller & Thaut, 2008).

*"I believe that music therapy is an ideal modality for furthering her continued development in motor, cognitive, and social skills. I think also that Lauren's approach helped Sylvie to begin moving in the direction of a sense of personal agency while at the same time learning to follow directions." -Anne, Grandmother of Sylvie*



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